

# *Urinary Incontinence in Older Adults*

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## Background

Urinary Incontinence (UI) becomes more prevalent with aging and often goes unreported

## Evaluation

What is the type of UI?

While UI does not significantly change mortality, it has major morbidity

## Treatment

Address and modify contributing factors

Lifestyle Interventions

## Treatment Continued

Behavioral (for Urge and Stress Incontinence)

