Outpatient Behavioral Health

- UR Medicine: Pediatric Behavioral Health & Wellness (PBH&W) Outpatient Services
  - o New requests for services are being triaged, call 585-279-7800; new patients are being accepted; ages birth to 18; youth and families are being se

- National Suicide Prevention Hotline (24 Hours)
  - o Free and confidential prevention and crisis resources for people in distress.
  - o 800-273-8255 or online chat platform @ https://suicidepreventionlifeline.org/chat/
- National Parent Helpline
  - o Emotional support and problem-solving help for parents.
  - o Available Monday through Friday, 1-10 pm @ 855-427-2736
- Disaster Distress Helpline
  - o Call 1-800-985-5990 or text TalkWithUs to 66746. The Disaster Distress Helpline (DDH) provides crisis counseling and support

Community Resources for Youth and Families with Behavioral Health Challenges During the COVID

- Pathways
  - o 607-937-3200
  - o Website: https://www.pathwaysforyou.org/
  - o Email: info@pathwaysforyou.org
  - o 33 Denison Parkway West, Corning, New York 14830
  - o No wait list for care management
- CHHUNY (Children's Health Home of Upstate New York)
  - o 855-209-1142
  - o <u>https://www.childrenshealthhome.com/</u>
- HHUNY (Adults Health Homes of Upstate New York)
  - o 855-613-7659
  - o <u>https://www.hhuny.org/</u>
- Greater Rochester Health Home Network (Primarily Adults)
  - o 585-350-1400
    - o <u>https://www.grhhn.org/home</u>

Referrals and Services for Youth with Possible Sexual Abuse Issues

- Bivona Child Advocacy Center
  - o 585-935-7800
  - o <u>https://www.bivonacac.org/</u>
  - o Self-referrals, PCP-referrals, and accepting referrals from internal advocates and CPS workers who are continuing to see children/families (back to full capacity).
- Mt. Hope Family Center
  - o 585-275-2991
  - o <u>https://www.psych.rochester.edu/MHFC/</u>
  - o Most services require DHS referral
- Linden Oaks Sexual Abuse Treatment Services (LOSATS)
  - o 585-586-6840
  - o <u>https://www.losats.com/</u>
  - o Not currently taking new patients
  - RESTORE Sexual Assault Services
    - o 585-546-2777
    - o Hotline 1-800-527-1757
    - o <u>https://restoresas.org/</u>
    - o Telehealth visits
- REACH Program

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- 0 585-935-7802
- o <u>https://www.urmc.rochester.edu/childrens-hospital/community-outreach-programs/reach-program.aspx</u>
- o REACH is a Referral and Evaluation service for Abused Children (PCP referral needed)
- o Fax intake form and a social worker will call to set up an evaluation
- NYS Child Abuse Hotline
  - o 1-800-342-3720
  - o <u>https://ocfs.ny.gov/main/cps/default.asp</u>

## Community Based Support

- Compeer Rochester
  - o 585-546-8280
  - o 259 Monroe Avenue, Rochester, New York
  - o <u>https://www.compeerrochester.org/home</u>
  - Big Brother/Big Sster-type mentor program for youth with mental health challenges Accepting referrals via email. Parent orientation will not be setup until their office re-opens. Telehealth and virtual contact through phone calls, e-mails, and video conferencing remain the safest and preferred methods of service delivery.
  - Services will not take place in homes or in the Compeer office until further notice.
  - o Ourrently accepting youth referrals for the mentoring program is from 5-21 and the waitlist has no

- Health Well Foundation
  - o (800) 675-8416
  - o <u>https://www.healthwellfoundation.org/fund/covid-19-</u> <u>fund/?utm\_medium=social&utm\_source=MHA&utm\_campaign=COVID-19\_story</u>
  - o Assistance with costs associated with delivered food, medication, diagnostics, transportation and telehealth as a result of COVID-19 risk or incidence
- Food
  - o Local school districts
  - o Foodlink 585-328-3380
    - https://foodlinkny.org/need-food-

o Medical Answering Service (MAS)

866-932-7740 Still in operation with limited group rides. Drivers and patients over the age of 2 have to wear a mask. Cars are being sanitized after each trip <u>http://www.medanswering.com/</u>

## Education

- Education
  - o RCSD Support Hotline 585-262-8700 or 262-