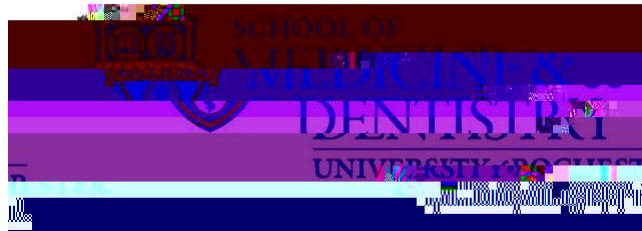


THE HOEKELMAN CENTER

(PLC/CARE Program) www.hoekelmancenter.org



Think about something that has fired you up in your day-to-day clinical and personal experiences over the past couple of weeks/months.

Maybe something you read, heard, observed. Perhaps an interaction with someone that struck a nerve.

Perhaps it has something to do with a specific patient encounter, or perhaps a systems problem, or perhaps a neighborhood problem.

Ideas:

- 1. Dig deep into a health-related social problem you have seen a lot of lately ó housing, employment, access to affordable daycare ó and become the local expert.**
- 2. Wj { y qpø o { r avlgpv/family eat better/exercise more?**
 - * Do a home visit, or develop a community asset map for one of your patients, identifying valuable and accessible resources in and around their neighborhood.
- 3. Meet with one of your local legislators to discuss a topic of inspiration or concern.**
- 4. Create a community resource handout/poster/video that you can share with patients/families at the end of an appointment.**
- 5. Write an article on a community-based organization to be highlighted on the Kidsø Thrive 585 website, or facilitate an interview for the Thriving Forward Podcast.**
- 6. Write a letter to the editor to the D&C or City Newspaper on a topic of inspiration.**
- 7. Ct gavg a õf qvr j taugö (ama uo atvr j taug), rgwgt vgo r mavg, qt ulo kat ÷o aetqølp EPIC vq more efficiently and effectively disseminate information to your patients, document social issues pgt valpøi vq { qwt r avlgpvøuj ganj , or make more meaningful referrals to community-based resources.**
- 8. Attend and/or speak at a local legislative meeting.**
- 9. Other ideas? Ask and y gømp probably say yes.**