



UR Medicine EAP  
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Website:  
[urmc.rochester.edu/EAP](http://urmc.rochester.edu/EAP)

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(\$3#XUPF URFKHVWHU HGX

## 'PDVT PO &YDFMMFODF /PU 1FSGFDUJPO

([FHOQHGFH DW ZRUN LQYROYHV VHWLWV KLJK VWDQGDUGV DQG  
EHFDXVH LW LV QRW 'SHUIHFV' LV D SDWK WR IUXVWUDWLRQ DQG  
LW PD\ QRW IHHO OLNH LW ZKHQ LW V\RXU SURMHFW -XVW RQH  
\RXUVHOI 'D SHUIHFWLRQLVW ' 1H[W WKLQN DERXW \RXU UHODWL  
SHUVRQDO IODZV UDWKHU OHDUQLQJ H[SHULHQFH" ,I VR EHLQJ  
SHUIHFWLRQLVP 7DON WR D SURIHVVLRQDO FRXQVHORU <RX ZLO  
LPSHUIHFWLRQV DQG VHH WKHVH DV RSSRUWXQLWLHV WR SUDFW

## 5FBDIJOH \$IJMESFO UP #F #FUUFS 1SPCMFN

,I \RX DUH SDUHQW RI \RXQJ FKLOG KHUH V D 'IRUPXOD' IRU WHD  
SURFHVV SP@P@,P@%P€ŽOD'đ•FULWLFDO WKLQNLQJ DQG VROXWLRQ  
GLQQHU EXW WKLW LV ZKDW ZH KDYH LQ WKH UHIULJHUDWRU '

# TIBBETIANS

RESEARCHERS HAVE DISCOVERED THAT  
THEY ARE RELATED TO THE  
INDIAN POPULATION IN THE  
HIMALAYAN REGION OF  
INDIA. THE RESEARCHERS  
ANALYZED THE DNA OF  
TIBETIANS AND INDIA  
RESIDENTS AND FOUND  
THAT THEY SHARE A  
COMMON ANCESTRY.

