

# Immediate Post Event: Demobilization

Physical and emotional needs are identified and addressed

Sense of safety, security, routine, normality are re-established

High arousal is diffused to return to more normal levels of activity

External support is mobilized as indicated

# \* DEMOBILIZATION (IMMEDIATELY AFTER) \*

Everyone come together for a quick standing meeting (3 minutes)

**Physical safety:** "Is everyone okay? Is anyone injured?"