

University of Rochester Medical Center  
2022-2023 Faculty and Clinician Wellness Series  
CoSponsored by URSM Office for Faculty Development and  
URMC Medical Faculty and Clinician Wellness Program  
and in Collaboration with UWellU

## UPCOMING SEMINAR

### Wellness By Design: Updates and Strategies from the URMCMedical Faculty and Clinician Wellness Program

Thursday, October 20 2022  
12:00 PM to 1:00 PM

To register for this seminar <https://forms.gle/Eks24hqtBvD1avta7>

Presented by:

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Associate Professor of Pediatrics, Health Humanities, and Bioethics  
Director, URMCMedical Faculty and Clinician Wellness Program

Meaningful and sustainable improvements in professional wellbeing require creativity, strategy, and collaboration. In this seminar, we will explore strategies to prioritize and develop action plans for wellness initiatives based on the goals and evolution of the URMCMedical Faculty and Clinician Wellness Program. Opportunity for interactive discussion and collaborative problem solving will be emphasized.

Learning Objectives:

At the end of this workshop, participants will be able to:

### Open to all faculty staff, and students

The Medical Faculty and Clinician Wellness Series is a qualifying activity for the URMCMedical Faculty and Clinician Wellness Program.

ACCREDITATION: The University of Rochester School of Medicine and Dentistry is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

CERTIFICATION: The University of Rochester School of Medicine and Dentistry designates this live activity for a maximum of 1 PRA Category 1 credit(s). Physicians should claim only the credit commensurate with the extent of their participation in the activity.