

The purpose of this document is to provide a guide for crafting and writing an NIH National Research Service Award Grant (NRSA). NIH NRSA F-series training grants are intended for pre-doctoral (F31 and F31 Diversity), post-doctoral (F32) and MD/PhD (F30) applicants.



- Start at least 2 months out from the deadline
- Talk to your mentor about a plan
 - Career/Training
 - Science/Research
- Talk to your internal grants officer
 - NIH grants are typically due to ORPA 5 business days prior to the actual NIH deadline
- Register with eRA Commons (NIH website) to secure principle investigator status



Document Format	PDF
Font type	Arial or Helvetica is best
Font size	11 or larger (figure legends as small as 9)
Page size	8.5 x 11 inches
Margins	0.5 inches on all sides

Application Title

Title of FOA

Statement addressing large scale human or non-human genomic data (if applicable)

List of Referees (Including name, departmental affiliation and institution)

Must have an eRA Commons account as a PI

Check with your program administrator for assistance in completing this form

A. Doctoral Dissertation (F32) and Research Experience (F31)

B. Training Goals and Objectives

C. Activities Planned Under this Award

1. Significance

2. Innovation Only if it is specified in the FOA

3. Approach

4. Preliminary Studies

