

Safer Alternative Cleaners

Baking Soda – Cleans and deodorizes. Softens water to increase cleaning power of soap. Good scouring powder.

Borax – Cleans and deodorizes. Excellent disinfectant. Softens water. Available in laundry section of grocery store.

Soap – Biodegrades safely and completely and is non-toxic. Available in grocery stores and health food stores. Sold as liquid, flakes, powder or in bars. Bars can be grated to dissolve more easily in hot water. Insist on soap without synthetic scents, colors or other additives.

Washing Soda – Cuts grease and removes stains. Disinfects and softens water. Available in laundry section of grocery store or in pure form from chemical supply hoses as “sodium carbonate.”

White Vinegar or Lemon Juice – Cuts grease and freshens.



Disinfectant

Mix the following:

1 tbsp. borax

2 cups hot water

Oven Cleaner

Mix the following:

1 tbsp. baking soda

½ tbsp. salt