



HFNY is an evidence-based home visiting program offering services to expectant parents and new families, beginning weekly and decreasing over time, until the child starts school or Head Start.

Research demonstrates the critical importance ((() . (. and development.

HFNY focuses on the safety of children by supporting families in targeted high-risk communities.

Services include educating families on parenting and child development; connecting families with medical providers for prenatal/well-

Research proves HFNY works

for a diverse array of families from first-time teen parents to those who have had experience with the child welfare system.

Improves birth outcomes

48 percent reduction in low birth weight (LBW) deliveries among women who enrolled before the 31st week of pregnancy.

Prevents child abuse and neglect

At ages 1, 2, and 7, HFNY mothers reported committing 75-88 percent fewer acts of serious physical abuse.

50 percent reduction in subsequent confirmed Child Protective (CPS) reports after seven years for mothers with a confirmed report prior to program entry.

49 percent reduction in the rate at which children of young, first-time moms who enrolled early in pregnancy were confirmed as victims in CPS reports between ages 5 to 7.

Promotes success in school

50 percent less likely to repeat first grade. 70 percent more likely to score above grade level in first grade on three specific behaviors that promote learning.

2.7 times more likely to be participating in a gifted program by age 7.

26 percent reduction in receipt of special education services by age 7.

23 percent reduction in below average scores for receptive vocabulary for children of young, first-time mothers who enrolled in the program early in pregnancy.

Supports positive parenting

At age 2, home-visited mothers were more likely to endorse appropriate limit setting strategies.

At age 3, home-visited mothers were more likely to be observed using parenting strategies ().

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At age 7, home-visited mothers used non-violent discipline strategies more often.

Saves money

\$1,000 to serve a family during pregnancy is totally (\$ ((\$ -- due to reductions in low birth weight births. For mothers with histories of CPS reports, a return of over \$3 for every \$1 invested by

the birthday.

For more information and research results, www.healthyfamiliesnewyork.org



HEALTHY FAMILIES NEW YORK

A home visiting program that works!

Visit www.healthyfamiliesnewyork.org

OCFS currently funds 37 HFNY programs in high-need

Serving these New York City Neighborhoods:

BRONX: Southeast Bronx, Soundview, Westfarm, South Bronx, Morris Heights

BROOKLYN: East New York, Bushwick, Flatbush, Bedford-Stuyvesant, Central Brooklyn

MANHATTAN: Central Harlem, Washington Heights, Lower East Side

QUEENS: Jamaica

STATEN ISLAND: North Shore

Unique Measurable Impacts:

HFNY has been proven to be effective using a randomized, controlled trial (RCT), and nd evidence-based by the RAND

Corporation and the U.S. Department of Health and Human Services.

Unique Features of HFNY:

Managed by a strong infrastructure that includes evaluation, training, quality assurance and an extensive data system.

Staff are hired from and represent the language and culture of the community served.

Staff receive intensive training from nationally certified trainers.

Promotes father involvement.