

## August 2016

Stepping Out-Stepping Up is a monthly, community-oriented newsletter of the Department of Psychiatry published by the Office of Mental Health Promotion.

### 2016 Suicide Research Training Institute

During the week of April 18<sup>th</sup> the Injury Control Resource Center for Suicide Research (ICRC-S) held the third Suicide Research Training Institute (RTI). Funded by the CDC, ICRC-S is a collaboration between the Center for the Study and Prevention of Suicide at the University of Rochester Medical Center (URMC) and the Center for the Study and Prevention of Injury, Violence and Suicide at Education Development Center. The goal of ICRC-S is to draw suicide prevention directly into the domain of public health and injury prevention and link it to complementary approaches to mental health. ICRC-S emphasizes the connections between injury prevention professionals, suicide prevention professionals, and researchers to advance an inclusive approach to suicide prevention.

The first RTI began in 2013 with RTI attendees revealing a preference for a team-based, mentorship-intensive, community-building, protocol-focused model which later became the leading model for the 2014 and 2016 institutes. The 2016 RTI is a part of a two-year initiative where researchers together with injury control practitioners engage in a 5-day workshop series dedicated to suicide prevention and its study from a public health perspective.

prevention professionals and suicide researchers with a shared body of knowledge and skills in suicidology, public health and prevention, and relevant research methodologies; to create collaborative links between the injury and violence prevention and suicide research communities so that the perspectives, knowledge, and skills of each inform the work of the other; and to develop implementation plans for new research projects that will add to the knowledge base for suicide prevention. The 2016 RTI engaged a diverse range of scholars including 22 scholars

### Community-Oriented Events

Don't forget to check the calendar for special university-sponsored

events: [www.rochester.edu/diversity/eventscalendar/](http://www.rochester.edu/diversity/eventscalendar/)

**The Promotion Process and Earning Tenure** is hosted by Provost Clark and a diverse panel of administrators and provides an overview of the school-specific promotion and tenure process along with tips from those who have recently gone through the process. It will take place Wednesday, September 28<sup>th</sup> from 11:30 am to 2 pm.

### Susan B. Anthony Breakfast and Conversation

**2016.** The discussion will focus on youth homelessness and human resiliency in the face of adversity. There will also be a screening of *If These Walls Could Talk*, a documentary about the struggles and opportunities of Rochester's

event will take place on Friday, October 7<sup>th</sup> from 8-10 am in the Interfaith Chapel at the River Level. Tickets for the public are \$25, \$15 for students and \$200 for a table of eight. For more information or to purchase tickets, visit the Susan B. Anthony Center's [website](#).

### [Spreading Wellness Around Town \(SWAT\) Youth](#)

**Council** is a gr-6(11)-3(11(n)9(g)-6( )-2(W)13(e)4(11)-16(n)9(e)



Jimenez and Messias Washington, worked tirelessly to help these youths successfully navigate the video editing process. Students also presented their videos at an open house in Sodus, NY on Tuesday, August 16<sup>th</sup> and at the showcase for the LRNG pilot on August 19<sup>th</sup>. Check out our [YouTube channel](#) to find past videos and come back later to find the summer videos. All City youth are eligible to enroll and simply need to sign up at [www.lrng.org/rochester-ny](http://www.lrng.org/rochester-ny)