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Stepping Out-Stepping Up is a monthly, community-oriented newsletter of the Department of Psychiatry published by the Office of Mental Health Promotion.

Community Center

The Office of Mental Health Promotion (OMHP) has kicked off community programming in the new Family & Community Center with its inaugural [National Alliance on Mental Illness](#) (NAMI) and their [Family-to-Family Program](#) on [37th](#) from 6-6:45pm in room G-

and initiated this project. Since then, selected portraits f