

Stepping Out-Stepping Up is a monthly, community-oriented newsletter of the Department of Psychiatry published by the Office of Mental Health Promotion.

**Psychiatry on the Move**

In September

Strong Recovery said goodbye to the ground floor area they have occupied for 27 years, and said hello to their beautiful new home at 2613 W.

Henrietta Road in Brighton Business

Center, right next to Strong Ties. Furnished with rustic pieces, a completely new color scheme and the smell and glow of everything new, Strong Recovery hosted their open house on Friday, October 28<sup>th</sup> to give colleagues and



dedicated a day to "First Americans" for three years.

On September 28, 1915, Rev. Sherman Coolidge (Arapaho Tribe), president of the Congress of the American Indian Association, "issued a proclamation... which declared the second Saturday of each May as an American Indian Day and contained the first formal appeal for recognition of Indians as citizens."

"In 1990 President George H. W. Bush approved a joint resolution designating November 1990 "National American Indian Heritage Month." Similar proclamations, under variants on the name (including "Native American Heritage Month" and "National American Indian and Alaska Native Heritage