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Stepping Out-Stepping Up is a monthly, community-oriented newsletter of the Department of Psychiatry published by the Office of Mental Health Promotion.

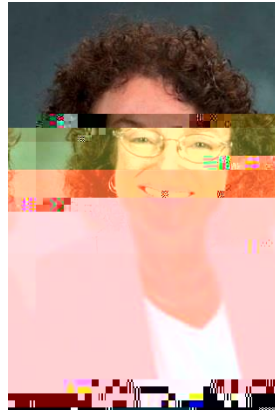
Psychiatry Benefits Extend Beyond Hospital Walls

The Annual Community Benefit Report for Psychiatry was completed at the beginning of the month and it highlighted the many ways the department engages with the community through health education, consultations and contributions.

Psychiatry worked with many community

Women's Initiatives Supporting Health (WISH) Receives Innovation Grant

Women's Initiatives Supporting Health (WISH), which helps women recently released from Monroe County Jail or New York State Prison access needed health services in a timely manner, recently received the Innovation Grant.



This grant aids WISH with a full-day meeting with Stephen Amos, head of the jails divisions for the National Institute of Corrections (NIC). This meeting is meant to inform him of trauma and gender specific strategies employed in Rochester through WISH and its partnering agencies. This meeting is part of WISH's efforts to build collaborative relationships with local and state agencies. Through this relationship building WISH aims to gain more opportunities to design and initiate new programs to help their target population, while allowing them to further develop the knowledge and skills to effectively implement these programs through additional training and technical assistance provided by NIC.



The American Foundation for Suicide Prevention's (AFSP) Rochester Out of the Darkness Community Walk in Genesee Valley Park on September 24th. AFSP raised \$166,686, far surpassing their goal of \$150,000! Money raised will benefit the work AFSP does, which includes funding research, offering educational programs for professionals and survivors, educating the public about suicide and promotion policies and legislation that impacts suicide and prevention.

Members of the Department of Psychiatry were invited to join the team "Walking Strong" and to help raise money for AFSP. Team "Walking

Strong,” led by Andrea Caruso, had 27 people participate. Andrea was the top fund-raiser on her team, raising \$550 of the group’s total, with the