

# STRONG CHILDREN'S RESEARCH CENTER

## Summer Research Scholar

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### ABSTRACT

**Title:** *A Qualitative Exploration of Community and Personal Challenges to Health and Wellness for Urban At-Risk Youth.*

**Background:** Rochester's Champion Academy, is a unique youth development program that uses intensive mentoring to reduce risky be

adolescence, with the hopes that they will teach their peers, and invest in their own long-term health and wellness.