

## REALIZING ENGEL'S BIOPSYCHOSOCIAL VISION: RESILIENCE, COMPASSION, AND QUALITY OF CARE\*

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### ABSTRACT

George Engel's biopsychosocial model of medicine has been widely cited and has influenced the development of the field of psychosomatic medicine. However, the model has not been widely implemented in clinical practice. This article discusses the challenges of implementing the biopsychosocial model and offers a framework for doing so. The framework is based on three key concepts: resilience, compassion, and quality of care. Resilience is the ability to bounce back from adversity, and it is essential for patients and providers alike. Compassion is the ability to understand and care for others, and it is essential for building a strong therapeutic relationship. Quality of care is the extent to which care meets the needs of patients and is based on evidence and best practices. The framework suggests that these three concepts are interconnected and can be used to guide the implementation of the biopsychosocial model. The article concludes by discussing the importance of these concepts in the context of the current healthcare environment.

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**Key Words:** biopsychosocial model, resilience, compassion, quality of care, Engel's model

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## ENGEL'S VISION

The chief thing is to be able to think - to be able to think that, G. E. G.





... it the det ... [18]. I ...

A PERSONAL RESPONSE

Eg. ... that ... I ... (T. 3). ...

Form Fragmented Self Whole Self

A ... I ... It ... The ...

Table with multiple rows and columns, containing faint text.

## Formulating Engagemen

Ph... that J... O... that the... [20]. T...







[52, 53]. The E.g. of the first part of the text is the following:  $\frac{1}{2} + \frac{1}{3} = \frac{5}{6}$ . The second part of the text is the following:  $\frac{1}{2} + \frac{1}{3} = \frac{5}{6}$ . [54]. G. ...

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