

## Introduction

Progress monitoring is considered a key component of best practices and evidence-based care in mental health treatment (APA, 2008).

The purpose of the current project: create and implement a new progress monitoring tool uniquely designed to assess symptom change within a brief, outpatient Crisis Intervention Service (CIS).

### Crisis Intervention Service

CIS provides brief, outpatient psychotherapy for families with a high need for urgent care.

Reasons for referral: safety concerns, potential for self or other harm, school issues, legal problems, and inadequate housing.

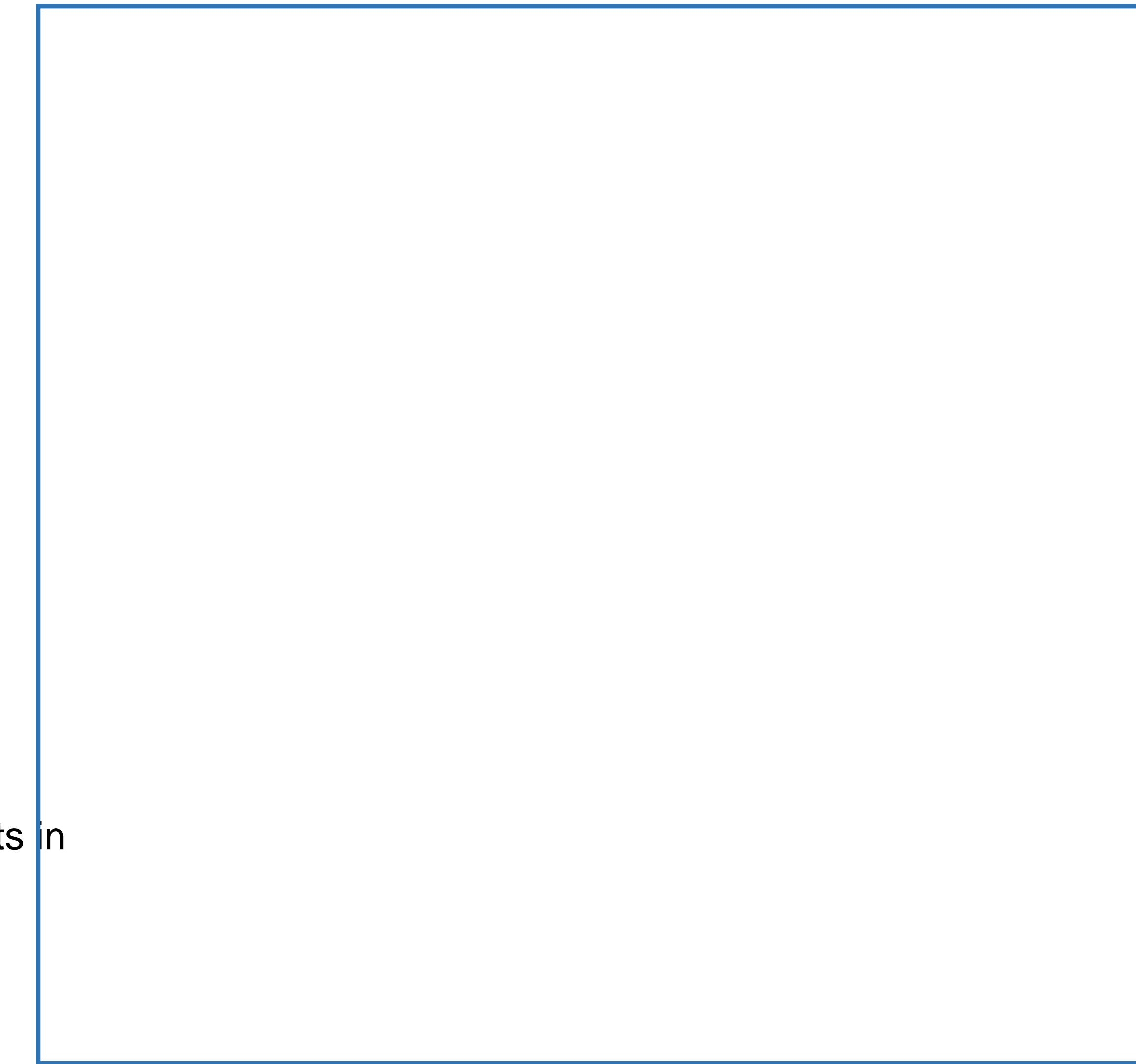
### CIS services CIS:

- ‡Assessment
- ‡Shortterm, solution-focused mental health treatment
- ‡Safetyplanning
- ‡Consultation
- ‡Linkage to services and community supports

### CIS Demographics and Utilization

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Data collected from 27 participating families to date across various time points in treatment.



post

	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June	July	Aug
PI Orientation to CIS	X	X										
CIS Service Utilization Data Collection	X	X	X	X	X	X	X	X	X	X	X	X
Literature Review Existing Monitoring Measures				X	X	X						
Modification of Progress Monitoring Measure					X	X	X	X	X			
CIS Progress Monitoring Data Collection								X	X	X	X	X