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Stepping Out-Stepping Up is a monthly, community-oriented newsletter of the Department of Psychiatry published by the Office of Mental Health Promotion.

Women's Health Screening Fair at the Public Market

The 6th Annual Women's Health Fair brought more than just women this year. Volunteers from Strong Behavioral Health screened 40 women and one man! They all had fun participating.

Thank you to our volunteers:

Lorraine Ndusha PMHNP
Anne Smith, LMSW
Xin Quan, MFT Trainee
Amy S. Lyons, MS LCAT
Cyndy Consaul, MCT
Diane Morse, MD
Patricia Molloy
Cathy Peters, PMHNP
Danielle Snyder, MCT
Junior Dillion, RCMCT Trainee
Sean Powers, Adult Amb.Trainee

Back to School!

School is back in full swing and we would like to acknowledge our Psychiatry co-workers who are working to pursue their degrees (whether continuing to work here or leaving to focus on their education full time.) Let's all continue to encourage them in their journey.

Community-Oriented Events

Rochester Out of the Darkness Walk raises awareness about suicide prevention and ending the stigma associated with mental health. The walk will be held Sunday, September 28th at Genesee Valley Park. The walk begins at 1pm. Kim Van Orden has put together a team for Psychiatry. Email her at Kimberly_Vanorden@URMC.Rochester.edu.

Mary Zagari K. MacLeod, LCSW, ACSW, CGP, ACS is currently a full time employee at Strong Ties as a Primary therapist. She has worked at Strong Ties for 5 years and previous to this she worked as a Medical Social Worker at Strong since 1995. Currently, she is planning to begin work on her dissertation this winter for her PhD in counseling and human

development at the Warner School of Education at the U of R. She has attended classes part time for the past 6 years. Her area of interest is exploring wellness factors within the gerontology population. She has an article in press for publication called *Etiology and Management of Elder Self-Neglect in the Adultspan Journal*. She hopes to graduate by 2016.f Education at the U

Roberts Wesleyan College in the spring.

Rob Brown has been taking classes at Genesee Community College in preparation for nursing school.

Growing the Next Generation of Community-Based Researchers

U of R's Office for Faculty Development and Diversity is planning this upcoming half-day conference. The conference features a keynote from a leader in community-based participator/F1 9.96a reW*ñBT/F1articipat