

Stepping Out-Stepping Up is a monthly, community-oriented newsletter of the Department of Psychiatry published by the Office of Mental Health Promotion.

Successful Bridge Gallery Reception

The Bridge Gallery held another successful reception last month and had the added honor of celebrating the installation of Albert Paley's *Portal*, an eight-foot tall, weathered steel sculpture, which can be enjoyed in the atrium. *Portal* is on loan to us for

one year from Paley Studios. Fund-raising efforts to purchase this piece or to purchase another Paley sculpture began at the reception and continue. Contributions can be made by contacting Jessica Poweski at Jessica.Poweski@urmc.rochester.edu in the Office of Mental Health Promotion.

The Bridge Art Gallery is currently featuring young artists with a show entitled, *Through My Eyes*. This unique exhibit includes 50 pieces by local high school art students working in a variety of media. Each frame provides a glimpse into the artist's view of the world: a crown of dandelions, dripping cones of gelato, a broken heart, a young woman balanced on a rail leading far into the distance, a young man's face superimposed on a mountaintop. Participating high schools include Allendale Columbia, Honeoye Falls, Pavilion, Rochester's School of the Arts, and Spencerport.

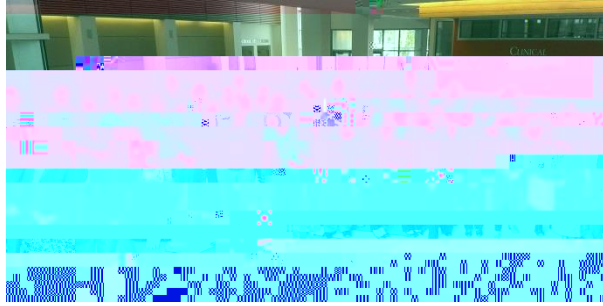
Both doorways into the University of Rochester's Department of Psychiatry are now very welcoming as a result of the artworks on display and reflect the role art can play in helping reduce stigma that is often linked to mental health disorders.

Community Oriented News



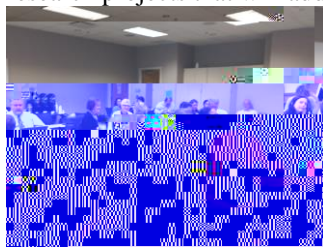
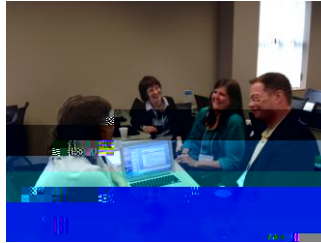
Through My Eyes exhibit will be up until the end of June. The current call for art is "Celebration of Culture" and is open to all artists. Art submissions are due June 30th. [View the flyer](#) for more information.

Suicide Training in Rochester



The Department of Psychiatry's Injury Control Research Center for Suicide Prevention (ICRC-S) recently held the 2nd annual suicide prevention Research Training Institute (RTI).

The training brought in researchers from over 10 states to provide a shared body of knowledge and skills in suicidology, public health and prevention, and relevant research methodologies. A primary aim of the RTI is to establish collaborative links between the injury and violence prevention and suicide research communities so that the perspectives, knowledge, and skills of each inform the work of the other. Such collaborations facilitate the development of plans for new research projects that will add to the knowledge base for suicide prevention.



One participant commented, "The RTI was a wonderful networking and learning opportunity that helped shape a new exciting chapter in my life. First and foremost, although there wasn't a representative from the state of Mississippi at RTI, I greatly benefited from meeting state officials from several other states, and I learned about the opportunities that were available through working with state officials at RTI."

Young Filmmakers Screen Their Mini-Docs at the Little Theatre: A "Raising 100,000 Voices" Project

Bullying, drugs, growing up, and foster care are just a few topics young filmmakers from the Raising 100,000 Voices project tackle in their own video productions. Raising 100,000 Voices, a project that encourages young adults to express, through video, issues that concern them, presented a special premiere screening of their mini-documentaries this past May at the Little Theatre.

The Raising 100,000 Voices project is a national outreach effort designed to help understand the needs of the community from the point of view of those emerging into adulthood. The University of Rochester Medical Center and WXXI partnered with several youth agencies

communication and engagement.
<http://onthecommons.org/magazine/16-ways-make-your-neighborhood-safer-greener-and-more-fun>

Unsubscribe

If you no longer wish to receive this newsletter you can [unsubscribe here](#).

to begin the program in Rochester in 2005.

Now in its ninth year, the project has hosted eight screenings of more than 200 videos. More than 15 videos