Take ½ of your usual dose the day before and hold on the morning of your procedure. your the day before and day of your procedure. your normal dose of the day before and day of your procedure.

_____ Dosage will depend on recommendation of the Doctor who orders this medication for you.

- -Clear Soda (Ginger Ale, Sprite, 7-up)
- -Gatorade / PowerAde®
- -Chicken / Beef Broth (Without food particles)
- -Jell-O®
- Popsicles
- -Lemonade
- -Kool-Aid
- -Vitamin Water
- -Clear Juice (Apple, White Cranberry, White-Grape)
- -Black Coffee / Tea (Sugar okay,
 -)

- -Red, Green or Dark Soda
- -Grape, Grapefruit, or Orange Juice
- -Cream Soups
- -Alcohol
- -Fudgesicles
- -Fruit Juice with Pulp
- -Yogurt or Pudding
- -Milk or Milk Products
- -Solid Foods

Remove and leave ALL jewelry at home.

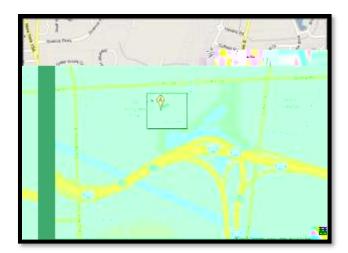
Leave all valuables at home.

Bring your photo ID and insurance card.

Plan on being at the Surgery Center for at least 90 minutes. Although your physician tries their best to stay on time, sometimes issues do arise resulting in a delay of your start time. We appreciate your flexibility and will do our best to avoid any delays.

A nurse will call you to review your health history and medications prior to the procedure Flushable moist wipes can help with soreness from frequent bowel movements

We strongly encourage your ride to remain on site for the length of your procedure so



<mark>180 Sawgrass Drive</mark> Suite 100 (1st Floor) Rochester, NY 14620

Coming from the North

Take interstate 390 **South** to (exit 16B) route NY-15A/East Henrietta Road, turn **Left** onto East Henrietta Road. Turn **Right** onto Westfall Road. Turn **Right** at the traffic light onto Sawgrass Drive and continue around the circle, we are on the **Left**.

Coming from the South

Take interstate 390 North to (exit 16) route NY-15A/East Henrietta Road, turn **Right** onto East Henrietta Road. Turn **Right** onto Westfall Road. Turn **Right** at the traffic light onto Sawgrass Drive and continue around the circle, we are on the Left.

Coming from the East

Take interstate 90 West to (exit 46) interstate 390 North; exit 390 North at (exit 16) route NY-15A/East Henrietta Road. Turn **Right** onto East Henrietta Road. Turn **Right** at the traffic light onto Sawgrass Drive and continue around the circle, we are on the Left.