



HOSPICE AND PALLIATIVE MEDICINE FELLOWSHIP

This one-year ACGME accredited fellowship program is now offering three fellowship positions. The program consists of clinical training, a palliative care seminar series, and mentored teaching and scholarship as follows:

Clinical Training in various settings

- Inpatient Palliative Care Consultation Service
- Hospice Inpatient Unit
- Skilled Nursing Facility

OVERALL EDUCATIONAL GOALS OF THE FELLOWSHIP PROGRAM

- 1.

Each fellow is responsible for the assessment and care of long-term care patients in collaboration with attending physicians at Monroe Community Hospital who are dually board-certified in geriatric medicine and hospice/palliative medicine. Fellows will participate in clinical rounds on a regular basis with patients, work with the interdisciplinary care team, and participate in family and staff meetings. Fellows should check in daily with their supervising physician, reviewing patient care log books, follow-up on diagnostic studies, and discuss any relevant patient care issues with the supervising physician. Fellows are expected to attend family meetings if possible and to participate in care plan meetings if necessary. Fellows are responsible for completing the admission history and physical, regulatory 30 and 60 day progress notes, AIMS testing, MMSE, Geriatric Depression Screen and other relevant evaluations with the patients in collaboration with the attending physician. Other experiences include participation on a locked wandering/behavior unit at MCH and a respiratory unit for ventilator-dependent patients or those with chronic tracheotomy care. Fellows will also have the opportunity to participate in a research project.

Pain Treatment Center at URMIC. Fellows learn the physiology of acute and chronic pain, and the use of invasive and non-invasive modalities for its treatment. The rotation offers experience observing and assisting with various nerve blocks, radiofrequency ablation, neurolytic blocks under fluoroscopic guidance and surgical implantation of spinal cord stimulators and intrathecal pumps.

Clinical Ethics/Medical Humanities at URMIC. Fellows have the opportunity to perform ethics consultations for the entire university hospital, including pediatrics. Consultations typically include but are not necessarily restricted to: (1) *questions about decision-making authority*; (2) *questions about treatment goals*; (3) *family members who disagree about the treatment goals of the incapacitated patient*.

In-depth experience. For those fellows with a particular interest in a specific area of palliative care, an in-depth elective (along with a learning plan, objectives, and evaluation) will be designed by the fellow, the Program Director, and a designated mentor in the area of interest. For example, a fellow with an interest in pediatrics might want to spend time in a neonatal or pediatric ICU, complementary and alternative medicine, or developmental disabilities.

Psychiatry.

Psychiatry Consult Liaison Service: Fellows see new psychiatry consults on hospitalized inpatients in the medical units of the hospital.

Medicine-Psychiatric inpatient unit: Fellows round and sees new patients on unit designated for patients with co-occurring psychiatric and medical disorders.

SCHOLARLY PROJECT

During the course of the year, sufficient time is allotted to focus on scholarly activity. These required activities include a quality improvement project and an academic endeavor.

Quality Improvement projects are generally initiatives that relate to analysis of systems of delivering palliative care and ways to improve them. Examples of past projects include: 1) frequency of pain assessments on the palliative care unit, 2) frequency of correct completion of the MOLST form, and 3) How