Yeast

Women often develop a yeast infection in the vagina during pregnancy. The vaginal discharge

Most of the community classes are 4-6 weeks long, so starting around 28-32 weeks pregnant will give you time to complete the series before the baby arrives. We recommend signing up early. Some instructors offer a cliding apply arradical for for actions of Medicaid.

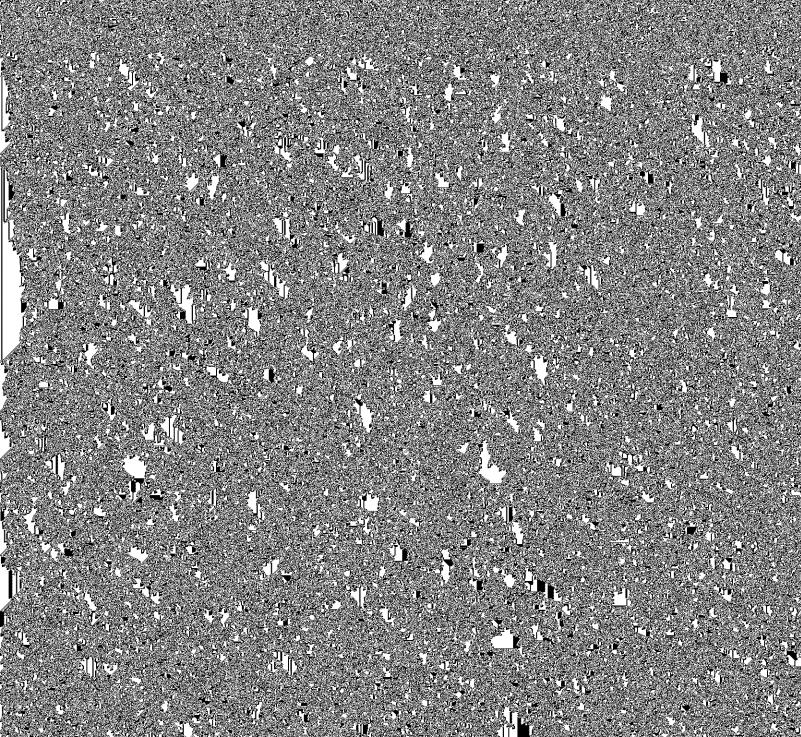
La Leche League is another resource for breastfeeding women and women who are interested in breastfeeding. More information of La Leche League can be found online at www.lllrochester.weebly.com

VACCINATIONS and MEDICATIONS

In the first hour after the birth of your baby, s/he will be given two medications required by New York State Law: a vitamin K injection and erythromycin ointment in his or her eyes. Hepatitis B vaccine is also offered just after delivery.

Vitamin K

Vitamin K is needed by humans for blood clotting. Without enough vitamin K, small cuts can go on higher for a very long time, and high ruises can bappen from small injuries. Bleeding can also occur



Birth Control

In order to space their children most woman uso come form of contracentian offer the habit is been

Resources for Childbirth Education

The classes below charge a fee varying from \$20-150. Your insurance may pay for some or all of the cost. Some offer a sliding scale for low-income families. Call to inquire.

Highland Hospital 1000 South Ave Rochester 473-2229 Bradley Method Healthy Birth of Rochester Fairport 425-7105 www.healthybirth.net Possuroso for Infont Cera. Dresattending