

HEALTH MATTERS

Hormonal IUD

What is the hormonal IUD?

The hormonal IUD is one of two types of intrauterine devices available in the United States. It is a small, flexible device made of soft plastic. The hormonal IUD contains a hormone called progestin. It is easily and quickly inserted into your uterus by a health care provider to prevent pregnancy.

How effective is the hormonal IUD?

The hormonal IUD is extremely effective and lasts up to 7 years. Less than 1 out of 100 women who have an IUD will get pregnant each year. The hormonal IUD is as effective

Where can I get the hormonal IUD?

A trained health care provider can insert the IUD in a medical office or clinic.

Where can I get more information?

For more information on the hormonal IUD, talk to your health care provider.

Compare the hormonal IUD to other birth control options using ARHP's Method Match at www.arhp.org/MethodMatch.