

STRONG CHILDREN'S RESEARCH CENTER

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recreation centers and the rate of overweight or obesity among children across Monroe County. We found that middle and older aged individuals had a higher risk for being overweight and obese than younger individuals.

Conclusions: We have found that a number of demographic and environmental factors related to physical activity can be related to the prevalence and distribution of overweight and obesity among children and teens in Monroe County. When we examined more closely, we found that factors related to socio-economic status and population density accounted for the associations between weight status and the number of parks and recreation centers within the living radius of children and teens