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December 02 , 2010**STEPPING OUT: COMMUNITY-ORIENTED NEWS IN PSYCHIATRY****From the Office of Mental Health Promotion****Issue: December 2, 2010**

- Combat Cold and Hunger in Rochester
- World AIDS Day: Celebration
- Theorizing Black Studies
- Women of Color

Combat Cold and Hunger in Rochester with Other Department of Psychiatry Co-Workers

What: Many of our city's homeless are in need this holiday and winter season. The House of Mercy is one of the few shelters in Rochester open 24 hours to meet the needs of the impoverished in our community. Please help by collecting and donating items December 1st – January 31st. A collection box has been set up in office 1-9034 (across from the Rivas Room) in the med center or we are happy to pick up items from any location as well. Please email us if you are interested in donating.

Where: Rochester, NY

When: Dec 1st- Jan 31st (turkeys only until Dec 20th)

Items to donate: turkeys, other non-perishable foods, clothing, bedding, blankets, and personal hygiene items.

For More Information: about the drive: Kelly Bellenger 273-2046 or Sarah Cashman-Brown 273-2044. kelly_bellenger@URMC.rochester.edu

sarah_cashman-brown@URMC.rochester.edu

To learn more about the shelter or to make cash donations:

<http://houseofmercyrochester.org/services/>

World AIDS Day: Celebration

What: Save the date for this annual celebration

When: December 3, 11:30 AM – 3 PM

Where: The Wishing Well, 1190 Chili Avenue

For More Information: Please contact Sharonette Foster, (585)224-31266, sharonettefoster@fhhsa.org

Sponsored by: The Rochester Area Task Force on AIDS

Theorizing Black Studies

What: Representing African-Americans in the African Imagination

When: Friday & Saturday, December 3-4, 2010

Where: University of Rochester, Hawkins-Carlson Room (Rush Rhee Library Building)

Cost: Free and open to public

Sponsored by: Humanities Project, the Frederick Douglass Institute for African & African-American Studies, Susan B. Anthony for Gender and Women's Studies, the English Department, the Modern Languages & Culture Department, and the Film & Media Studies Program.

For More Information: Please contact fdi@mail.rochester.edu or call (585) 276-5744

Women of Color

What: Get your mind off of work, kids or daily stresses in life. Make some time for just you and the girls. It's time to get together for a girls gathering.

When: Saturday, December 11 from 3:00-4:30 PM

Where: The MOCHA Center Rochester, NY 14604

Cost: Free and for women of color ages 24 and over

Sponsored by: MOCHA Center

For More Information: Please contact Michael Booth (585-420-1400 ext. 19)

To see any past Stepping Out newsletters, please visit our OMHP homepage for the Stepping Out Archives at <http://www.urmc.rochester.edu/smd/psych/community/omhp/index.cfm>

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