

July 2013

Stepping Out & Stepping Up is a monthly, community-oriented newsletter of the Department of Psychiatry.

Health Sciences, and Margaret Carno from the School of Nursing already lead in this awareness by including the Unnatural Causes series in their teaching at the University of Rochester. Psychiatry is proud to follow in their pioneering footsteps with this summer series. As Dr. Caine concludes, "As we look now to reshaping health systems, including those for mental health, we must also consider how we help reshape our communities to create the foundation for health and mental health."

Psychiatry Grand Rounds: "Unnatural Causes: Is inequality making us sick?" Summer Brown Bag Film & Discussion Series. Thursdays Noon-1pm, Helen Wood Hall Auditorium (Rm. 1-304). [Click here](#) for upcoming series topics.

### **Monroe County Report Card**

The ACT Rochester released its [2013 Regional Community Report Card](#), which showed how well the nine-county region compares to New York State in education, health, housing, and six other areas. Now, ACT Rochester is releasing individual report cards including Genesee, Livingston, Monroe, Ontario, Orleans, Seneca, Wayne, Wyoming, and Yates counties.