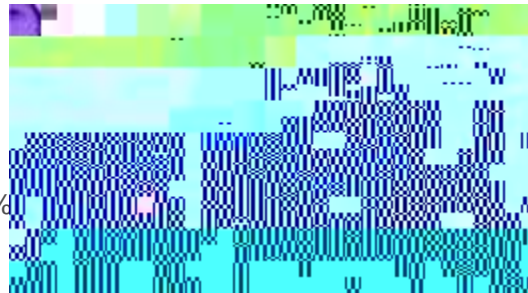


## From the Office of Mental Health Promotion Issue: June 4, 2012

### Events

- Community Outreach Training
- Did You Hear What I Said?
- The Boy Inside: A T 2(I)6ouraÜ@À%



---

**What:** Looking for passionate adults to make a year-long commitment to serve our youth on the streets of Rochester in order to engage youth to make safer choices.

Searching for adults who: Understand that change does not happen in one day and contain the willingness to commit for one year.

Willing to become a part of an on call outreach team.

People who have made a life change themselves

Contain the ability to go beyond personal values and interact with youth in an extremely challenging environment.

The training program includes understanding current gang trends in Rochester, gaining tools for addressing and engaging delinquent youth, learning strategies that effectively redirect youth to make safe and healthy choices, and assisting in identifying problem neighborhoods and streets where youth engage in risky behavior.

**Where:** 10am-12pm at Danforth Community Center on 200 West Avenue

6pm to 8pm at North Street Recreation Center 700 North Street

**When:** June 5th and 7th (Each date has two separate times to attend session 1 and 2)

**More information:** Hosted by the City of Rochester's Pathways to Peach Youth

Intervention Specialists. Contact Bev Jackson of Pathways to Peace: Office 428-6371 E-mail: [jacksonb@cityofrochester.gov](mailto:jacksonb@cityofrochester.gov)

### **Did You Hear What I Said?**

**What:** Communication is Crucial by Barbara-Lynn Taylor, MEd. This entertaining video, which will be followed by a facilitated group discussion, explains the importance of good communication skills in families. It puts forth three goals for parents to keep in mind and offers eight practical suggestions to help improve communication with children. For parents with children up to 18 years old

**Where:** Mental Health Association Family Support Services, 320 North Goodman Street, Suite 202

**When:** Wednesday, June 6, 2012 12:30 pm to 2pm

**More information:** For information and to register, call (585) 325-3145, ext.137

### **The Boy Inside: A Journey Into Autism**

**What:** Filmmaker Marianne Kaplan turns the camera on her own family, creating a rare and intimate portrait of living with Asperger's Syndrome. The film follows a year in the life of Kaplan's son Adam, as the 12-year-old tries desperately to find a friend in the midst of bullies, insensitive classmates and parents with at-times frayed nerves. Q&A with Dr. Lori Jeanne Peloquin.

**Where:** Cinema Theatre, 957 S. Clinton Ave

**When:** Tuesday, June 12, 7pm

**More information:** For tickets and more information, [www.thereelmind.com](http://www.thereelmind.com) (585) 325-3145

5257 W. Henrietta Rd. Henrietta, NY 14586

**When:** June 20 & 21, 2012

**More information:** Register for this conference by going to: <http://www.cvent.com/d/tcq141>

The fee for the conference is \$55. Food and parking are included.

### **Healing through Loss: A Two Day Retreat for Practitioners**

**What:** This two day retreat is designed to discover your inner strength through the exploration of the many facets of grief and loss. As practitioners, we are often confronted with the issue of loss brought in by our clients. Helping others through their journey asks that we become aware of our own experience within the grieving process. Through equine assisted exploration, art, Native American ritual, music and discussion, an arena of opportunities to learn how to incorporate dealing with loss into your professional and personal life, will be considered.

**Where:** Windhorse Farm, 75 Walker Road, Hilton, New York 14468

**When:** July 6 - 7, 2012 9am to 3pm

**More information:** Registration contact: Kimberly Henry (865)233-3090, [kkhenry@manesupport.org](mailto:kkhenry@manesupport.org) [www.manesupport.org](http://www.manesupport.org) **Fee is \$300** and lunch is included.

Reservations are required. No horse experience needed. All activities are unmounted.

### **Reminders**

- Please consider applying your attendance for any events that might meet the objectives for independent study credit hours in order to complete your cultural competence training requirements (minimum of 3 credit hours) for the Department of Psychiatry.
- To see any past Stepping Out newsletters, please visit our OMHP homepage for